



New to Denmark

Student Advisory Service
Student Counselling

Ida Emilie Christiansen, Philipa
Olivia Dige, Kristine Hemme &
Ditte Marie Arbjerg

UNIVERSITY OF COPENHAGEN



Who are we?

- The Student Advisory Service at the Faculty of Social Sciences – student counsellors

5.1.46

- Online Learning Agreements (for EU exchange students only), transcripts, study planning, courses, exams and a talk about your well being



Agenda

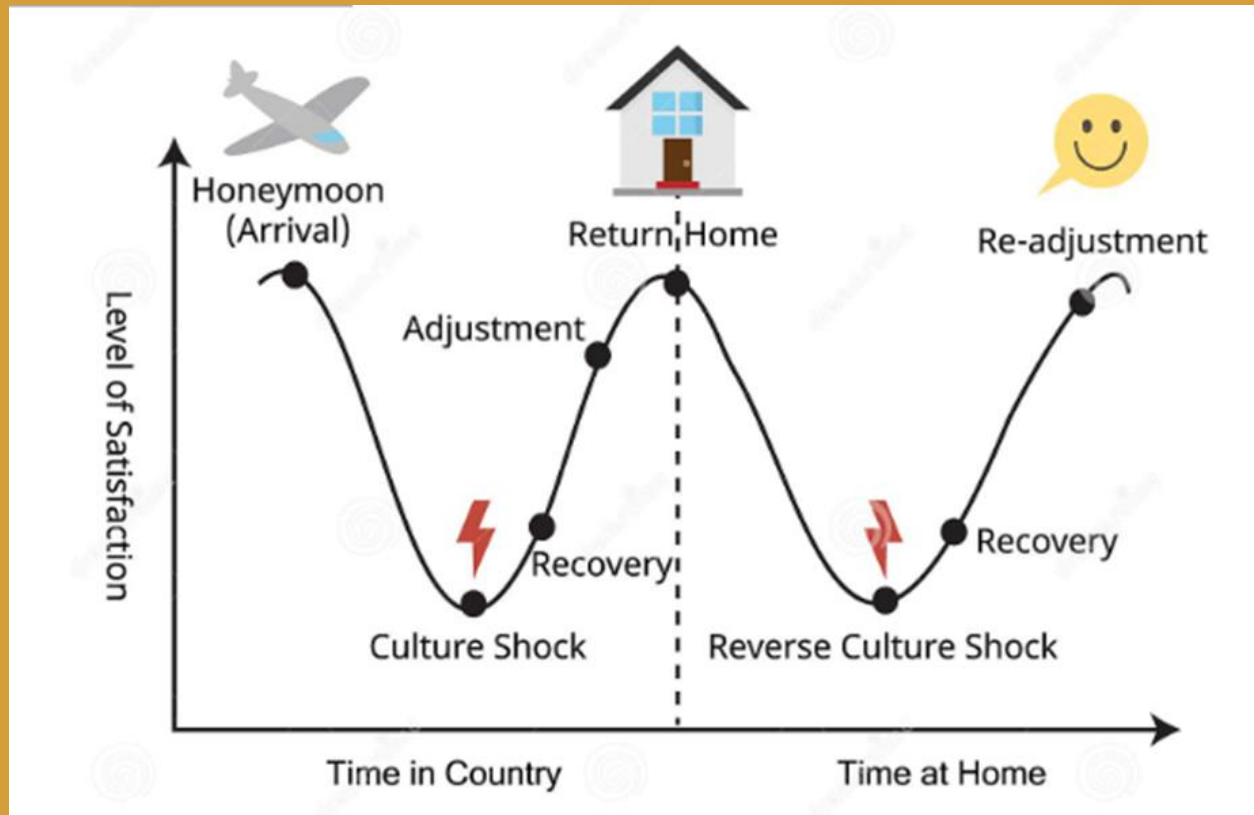
Culture shock

Getting started in Denmark

Housing

Questions

Culture shock



Tips on how to make your first time in a new culture more easy and more enjoyable

- You might need some time to get settled – it is okay!
- There may be times when you question why you left home, which is likely similar to what your fellow students are feeling
 - Remember that you are going through a learning process.
- Engage in social activities, talk to people and maybe even try to learn some basic Danish.
- Remember: You are not alone in experiencing this
 - Talking about your feelings and worries is the best way fight the feeling of being lonely or being home sick

Getting started in Denmark all the steps

CPR number – what on earth is that?

- All Danes have a personal Social Security Number (CPR-number)
- The CPR-number – Please avoid sharing the four last digits, but remember to bring it everywhere when getting in contact with the Danish Authorities
- It is also a part of the health care system and written on the health card(sundhedskort)
- You will need a CPR-number to gain access to the self-service online system of the authorities, to open a bank account, to buy a phone, get a gym membership etcetera.

Getting a CPR number – how to get it?

- To get a CPR-number, you need to go to your local International Citizen Service (ICS)
 - If you are from outside the Nordics, you will need to contact the Agency for International Recruitment and Integration (SIRI) to get a registration certificate before going to the ICS or Citizens' Services.
- You need to find accommodation - valid address (housing contract) , and you must have been granted a residence permit or certificate
 - If you do not yet have a permanent address, ask the staff at the hostel where you are staying if you are allowed to use your current address, if you plan to stay there long-term.

The yellow health card

- When you register for your CPR-number, you will receive a national health insurance card ('Sundhedskort') by post
- This card entitles you to get use of all public healthcare services in Denmark
- Remember to bring it with you when visiting libraries, GP/doctor, hospitals, and at the pharmacy – prescriptions.

Find more info here:

- <https://lifeindenmark.borger.dk/healthcare>
- www.justlanded.com/english/Denmark/health

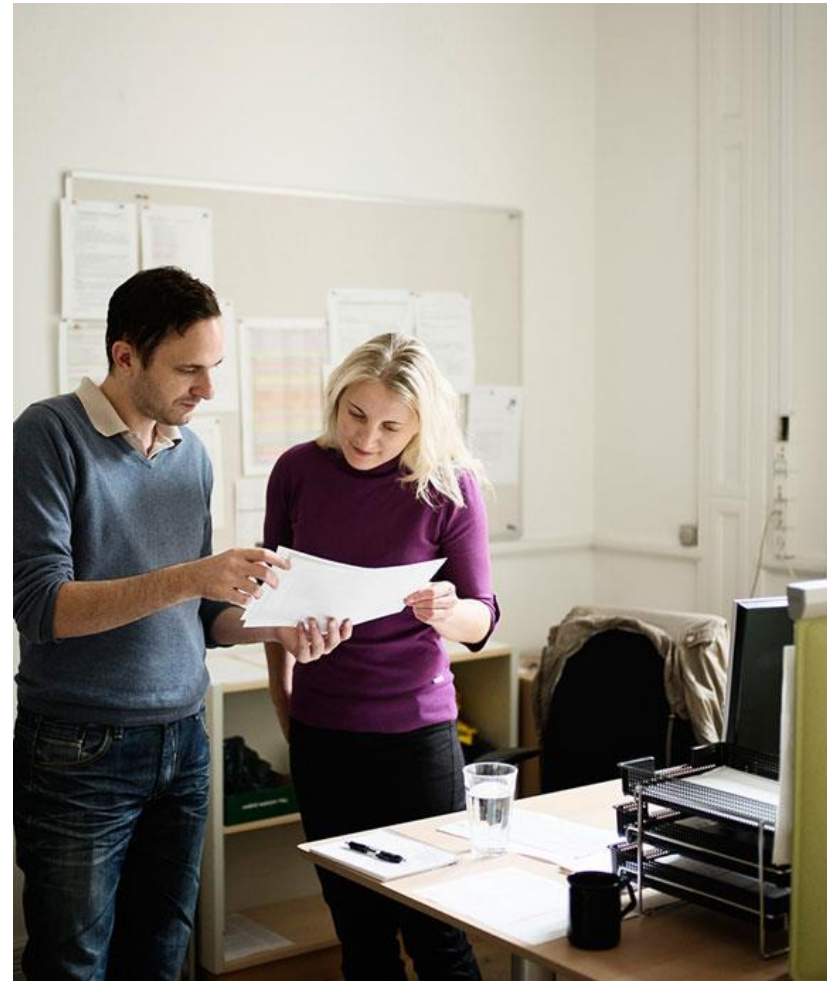


Keep yourself updated via official websites

- › <https://ihcph.kk.dk/registration>
- › www.nyidanmark.dk/en-GB
- › <http://lifeindenmark.borger.dk>
- › www.international.kk.dk/checklist-newcomers
- › <https://newcitizen.dk/welcome/>

EU residence document (SIRI)

- All EU citizens will have to register and apply for an EU residence document at SIRI. You can apply for the document online, but you have to make an appointment with SIRI first
- [New to Denmark \(nyidanmark.dk\)](https://nyidanmark.dk)
- Read more and apply here: [EU residence document \(SIRI\) | International House Copenhagen \(kk.dk\)](https://kk.dk)



MitID – to avoid corruption

- MitID is a digital signature used to log on to public websites (e.g. SKAT – Danish Tax Service), for online banking and many other digital services
- MitID is a user-ID, a password and a code application with one-time codes.
- MitID [Home - MitID](#)

Insurance

YOU ARE STRONGLY ADVISED to make sure that you have a proper insurance while studying in Denmark.

Third-party liability insurance

(‘ansvarsforsikring’)

Covers expenses if you have to pay compensation to another person.

Housing insurance **(‘indboforsikring’)**

the insurance for your personal belongings. It covers you if there's a break in or if your things are stolen.

Accident insurance **(‘ulykkesforsikring’)**

Covers the financial consequences and related expenses of an accident.

Car insurance **(‘bilforsikring’)**

If you bring your car, make sure it is properly insured.

In Case of Emergency

- In case of emergency - dial 112
(to get an ambulance, speak to the police or report a fire)
- In case you need to report something and not super urgent - dial 114

Doctors in the Capital
Region after 4pm: **1813**

Emergencies:

112

Police:

114

Housing

The University of Copenhagen cannot help you finding accommodation, but..

1: FIND A HOME | International House Copenhagen (kk.dk)

2: FIND A HOME | Facebook groups

Housing Foundation Copenhagen



4B.0

Opening Hours

Monday - Tuesday - Thursday	9.30 - 12.00 / 13.00 - 15.00
Wednesday	13.00 - 15.00
Friday	10.00 - 12.00 / 13.00 - 15.00

KØBENHAVNS UNIVERSITET
DET HUMANISTISKE FAKULTET



< Housing Foundation Copenhagen

> Compass Group

Public Transport and how to get around?



Questions?

3 Take Home Messages?

1 ?

2 ?

3 ?