# Introduction to confounding

Not everything that counts can be counted, - and not everything that can be counted counts Sign hanging in Albert Einstein's office at Princeton

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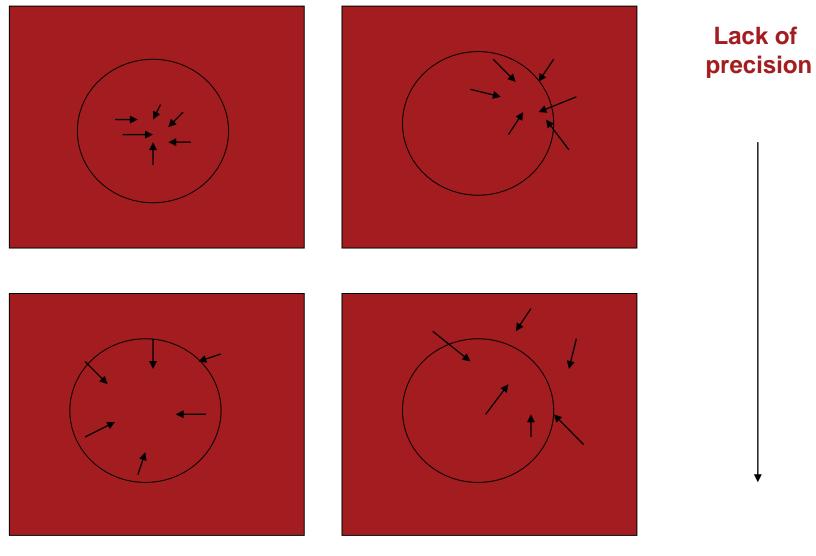
# The simple universe from the perspective of an epidemiologist



The association between E og O is estimated

The association measure may describe a CAUSAL relation, however may also be A chance finding: random variation False: as a result of bias True but non-causal: as a result of confounding Dependent of other factors: interaction, effect measure modification Non-generalizable: unique to the study population







## Precision

- Random error
- Precision increases with increasing sample size
- PRIOR to the study: Power calculations, where the  $\alpha$ -level (level of significance) and the desired power are set, and the necessary sample size is determined





## An association is demonstrated, although no association exists

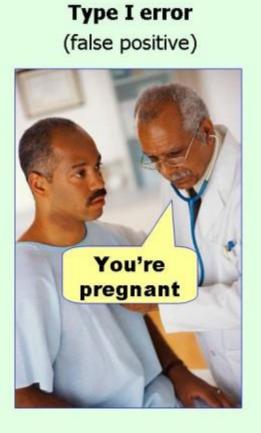
With an  $\alpha$ -level of 5%, the risk of Type I error is 5%

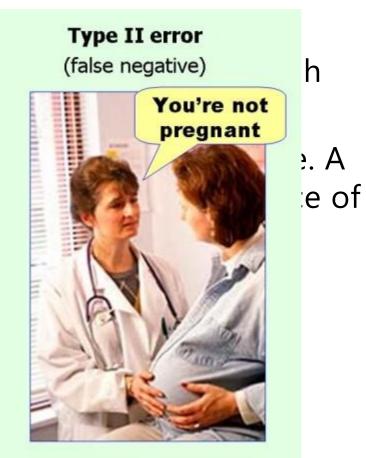
If the  $\alpha$ -level is diminished (eg. 1%), the risk of Type II error increases



## Type II error

- No a actua
- The powe
   deme







## Bias

Systematic deviation of results or inferences from the truth or processes leading to such deviations Porta M: A Dictionary of Epidemiology. OUP, 2009

- Systematic errors in measurements
- Systematic errors of statistical associations resulting from measurement errors, design errors, or errors in analysis
- Errornous interpretations of statistical associations

**Selection bias** 

Information bias



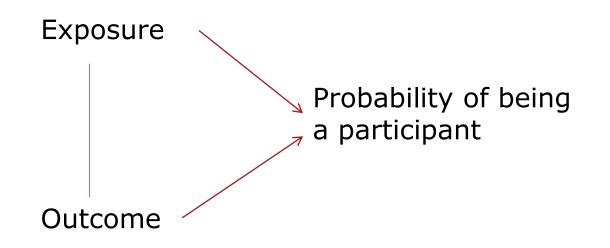
## **Selection bias**

A situation where the selection or participation pattern in a study implies a systematic deviation of it's results Occurs when participation is associeted with BOTH exposure status and outcome status

Case-control: OC and DVT : The hypothesis is known and exposure increases the probability of getting a diagnosis Cohort: Eg. the Thule workers: All ill and exposed participated, non-participation in other groups



## **Selectionsbias**



Will create an association between exposure and outcome that reflects the data collection procedures



## **Selectionsbias**

Terms	
Self-selection bias eller volunteer bias	There are reasons semen quality studies
Self-selection bias eller motivation bias	In non-randomised studies $\rightarrow$ lack of exchangability
Healthy worker effect	E.g. Low back pain studies, fertility studies
Non-response bias	
Reverse causality	Selection to exposure due to outcome
Differential loss-to-follow-up	Dependent on disease status



## Berkson's bias described by the American statistician Joseph Berkson (1899–1982) (Berkson's paradox, ~ Simpson's paradox)

A form of selection bias that causes hospital cases and controls in a case control study to be systematically different from one another, because the combination of exposure to risk and occurrence of disease increases the likelihood of being admitted to the hospital.

*This produces a systematically higher exposure risk among hospital patients, so it distorts the odds ratio* 

## Examples:

### Oral contraceptives and DVT

Disease-disease associations in hospital data individuals with two or more diseases have a higher probability of being hospitalized than persons with only one disease—even if these reasons are independent

### What to do ......

#### **Data collection:**

Avoid loss to follow-up or non-participation

#### Data analysis:

Drop-out analyses: Are participants equal to nonparticipants?

Intention-to-treat analyses: keep the random allocation to intervention and reference group despite *compliance* problems.



## **Information bias**

Imprecise measurement of exposure: time, intensity, proxy measure

outcome: diagnostic imprecision, incomplete registration

Eg: recall bias, interviewer bias, respondent bias, instrument problems, uneven collection of data



## Misclassification

## Some study subjects are categorized in the wrong category

Non-differential misclassification: The same magnitude of outcome misclassification among exposed and unexposed

or

The same magnitude of exposure misclassification among cases and non-cases

Leads to an underestimation of the association

Differential misclassification:

Validity of outcome status is dependent on exposure status

Estimate unpredictable

## **Bias and Misclassification**

An example: Asbestos and mesothelioma

TRUE	+ mesotheliom	- mesotheliom
+ asbest	50	10
- asbest	50	90

$$OR = (ad) / (bc) = 9$$

#### Loss-to-follow-up: 50% in all categories

	+ mesotheliom	- mesotheliom
+ asbest	25	5
- asbest	25	45

OR = (ad) / (bc) = 9

#### Loss-to-follow-up: 50% among cases

	+ mesotheliom	- mesotheliom
+ asbest	25	10
- asbest	25	90

OR = (ad) / (bc) = 9

## **Bias and Misclassification**

An example: Asbestos and mesothelioma

TRUE	+ mesotheliom	- mesotheliom
+ asbest	50	10
- asbest	50	90

$$OR = (ad) / (bc) = 9$$

50% under reporting of exposure: NON-DIFFERENTIAL MISCLASSIFICATION

	+ mesotheliom	- mesotheliom
+ asbest	25	5
- asbest	75	95

OR = (ad) / (bc) = 6.3

50% under reporting among healthy subjects: DIFFERENTIAL MISCLASSIFICATION

	+ mesotheliom	- mesotheliom
+ asbest	50	5
- asbest	50	95

OR = (ad) / (bc) = 19

Non-Differerential misclassification leads to underestimation of estimate Differential misclassification leads to unpredictable bias

## Warning: Not always true ….

categories; m "none" (B).	Examples of the effects of isclassification of 40% betw	nondifferential misclassificati veen "high" and "low" (A) an	on moorving three expo d between "high" and
		True exposure status	
Case-control status	None	Low	High
Cases	100	200	600
Controls	100	100	100
Odds ratio	1.00	2.00	6.00
		ed exposure status (in situat	the state shall be
	egories: 40% of cases and con	trols in "high" misclassified as "	low"
Cases	100	200  CC + 240  MC = 440	600 CC - 240 MC =
Controls	100	100 CC + 40 MC = 140	100 CC - 40 MC =
Odds ratio	1.00	3.14	6.00
B. Nonadjacent	categories: 40% of cases and	controls in "high" misclassified a	as "none"
Cases	100  CC + 240  MC = 340	200	600 CC - 240 MC =
Controls	100  CC + 40  MC = 140	100	100  CC - 40  MC =
Odds ratio	1.00	0.82	2.47

Note: CC: correctly classified: MC: misclassified.

Source: Data from M Dosemeci, S Wacholder, and JH Lubin, Does Nondifferential Misclassification of Exposure Always Bias a True Effect Toward the Null Value? American Journal of Epidemiology, Vol 132, pp. 746-748. © 1990.

null hypothesis. Thus, it is difficult to predict the direction of the bias when differential misclassification occurs, as it is the result of a complex interplay involving differences between cases and controls in sensitivity, specificity, and prevalence of exposure.

A hypothetical example of differential misclassification is given in Exhibit 4.7

- More than two exposure categories
- Exposure misclassified in a non-adjacent category
- Example: Alcoholics claiming to be nondrinkers



## **Examples of bias sources**

Healthy worker bias: A selection bias (being at the labour marked requires good health) or the opposite

Interviewer bias: Interviewer may influence data

Recall bias: Imbalanced rememberance, imprecision

Reporting bias: misclassification, social values

Withdrawal bias: ..... and continue in a study

Ascertainment bias: Imbalance in types of persones in a sample

- Design bias: e.g. Un-controlled studies, where the effect of two processes are mixed
- Detection bias: e.g. a disease is more likely to be diagnosed in one setting than in another

Digit preference bias: may produce false threshold values

Publication bias: which results are published?

Etc..... Not the name, but the contents are important!



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## Types of bias in different study designs (1)

#### RCTs:

Selective inclusion (not neccesarily selection bias).

Selective participation.

Differential loss-to - follow-up.

Differential compliance.

Blinding decreases information bias.

#### **Cohort studies:**

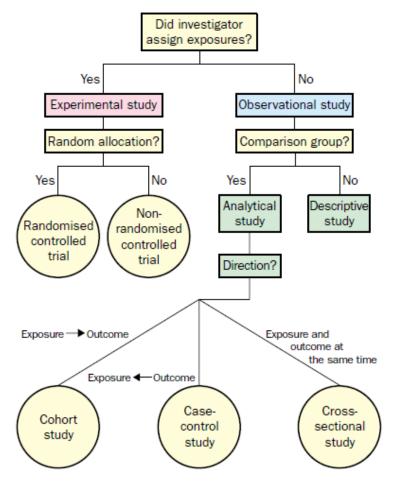
Selective inclusion (not neccesarily selection bias).

Selective participation.

Differential loss-to - follow-up.

Known risk factors may increase probability of being diagnosed.

Known risk factors may influence exposure profile





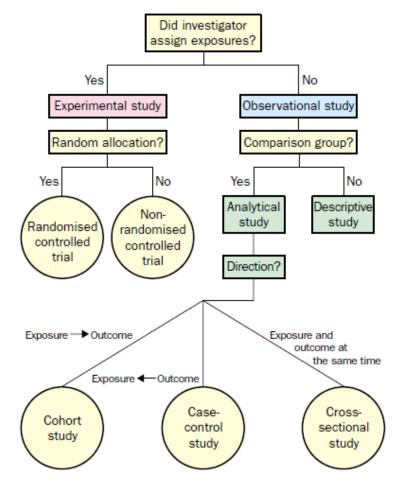
## Types of bias in different study designs (2)

#### **X-sectional studies:**

- Selective participation
- Reverse causality
- Healthy worker effect
- Information bias, incl. recall bias
- Length-sample-bias

#### Case-control undersøgelser

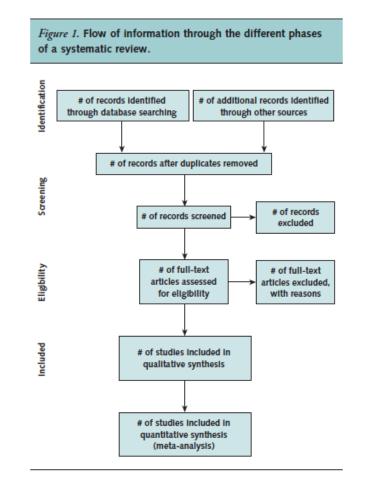
- Selective participation
- Recall bias case status is known and may influence exposure information
- Selection of controls dependent of exposure





## Bias in systematic reviews and meta analyses

- Selection of included studies
- Publication bias
- Other bias types
- ··· systematic reviews may be biased, despite being in the top of the evidence hierarchy



## Small study effects

Publication bias is one type of *small study effect*, where small studies can create bias, e.g.

- *Publication bias*: small studies are more likely to get published if they have statistically significant results
- *Outcome reporting bias:* Small studies select outcomes that are significant to increase publication chances
- Clinical heterogeneity: Small studies will often have more selected populations than larger studies. This is well known from RCTs
- *Chance* has a bigger influence on small studies than larger ones.

## Funnel plot for detection of publication bias

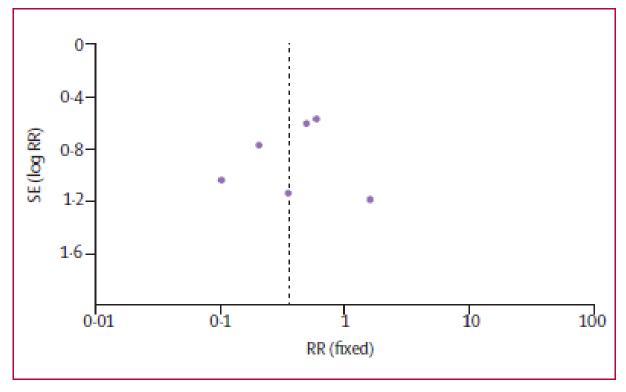
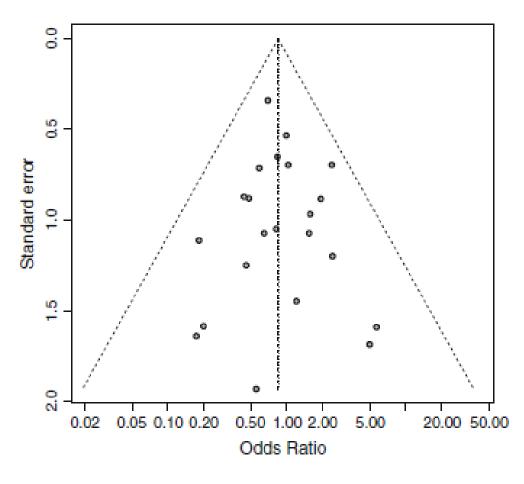


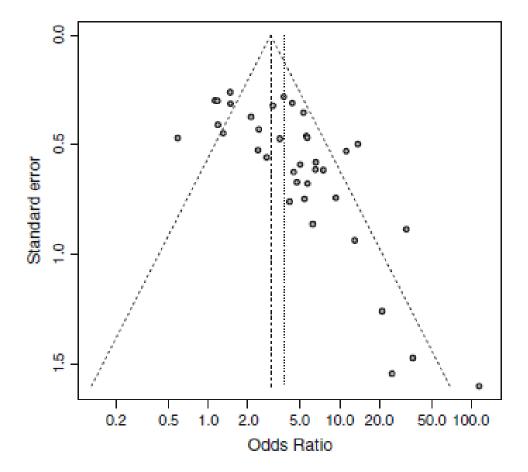
Figure 6: Funnel plot to assess publication bias

### Funnel plot: Expected



Simulated ORs and SEs

## Funnel plot: Observed



ORs and SEs from a metananlysis on NSAID and acute pain

## Publication bias in a literature review:? Maternal toxoplasmosis and schizophrenia

Study	Design and	Case ascertainment	Exposure measured	Adjustment for confounding	Main findings
Buka et al. 2001, USA	Nested case-control, Underlying cohort: 3.804 liveborn between 1959 and	PD by DSM-IV 2-stage diagnostic assessment procedure (i)Identified	Maternal blood samples at the delivery.	Sex, ethnicity, date of birth, social class, maternal mental	Mean difference=0,02 t-test=0,51,
	1966	through interviews and/or record linkage with psychiatric treatment facilities (ii) Diagnostic interviews.	Albumin-IgG-ratio.	illness, weight gain and smoking.	p=0,61
	Cases: 27 Controls: 54		Solid phase enzyme immunoassay.		
Brown et al. 2005, USA	Nested case-control Underlying cohort: 12.094	SSD by DSM-IV	Maternal sera obtained during pregnancy.	Maternal age.	OR=2,61 95% CI:1.00-6,82
2005, 054	liveborn between 1959 and	3-stage diagnostic assessment procedure	pregnancy.		01.1.00-0,02
	1967	<ul> <li>(i) Identified through pharmacy- and patient registers (ii) chart review (iii) Diagnostic interviews.</li> </ul>	Absolut concentration of IgG titers, maternal serum, positive TG-titer		
	Cases: 63 Controls: 123		>90 <sup>th</sup> percentile.		
	controls, 125		Sabin-Feldman dye test.		
Blomström et al. 2012.	Population based case- control. Participants born	SC by ICD-10 and 9 2-stage diagnostic assessment procedure, (i) Identified	Neonatal dried blood samples, 3-14 days old.	Maternal age, sex, migration, place and	OR=3,2 95%CI:1.0-9,8
Sweden	between 1975 and 1985	through the psychiatric healthcare registration system. (ii)	augs ord.	date of birth.	<i>yo racinitio y</i> ,0
	and followed up until 2004		Absolut concentration of IgG titers,		
	Cases: 198	Review of diagnoses to verify concordance between clinical	positive TG-titer >90th percentile.		
	Controls: 524	and research diagnose	Immunoassay.		
Mortensen	Population based case-	SC by ICD-10,	Neonatal dried blood samples, 5-7	Place and year of	OR=1,79 95%
et al. 2007, Denmark	control Participants born 1981 or	1-stage diagnostic assessment procedure, (i) Identified through the Danish National Psychiatric Register.	days old.	birth, gender, family history of mental	CI:1,01-3,15
	later and followed up through 1999		Absolut concentration of IgG titers, positive TG-titer >75 <sup>th</sup> percentile.	illness.	
	Cases: 71 Controls: 648		Immunoassay.		

Note: PD, Psychotic disorder; DSM, Diagnostic and Statistical Manual of Mental Disorders; SSD, Schizophrenia Spectrum Disorders; OSSD, Other Schizophrenia Spectrum Disorders; ICD, International Classification of Diseases; AD, Affective Disorders.

### Another example ······

#### Maternal Use of Selective Serotonin Reuptake Inhibitors and Risk of Miscarriage – Assessing Potential Biases

Rie Laurine Rosenthal Johansen, Laust Hvas Mortensen, Anne-Marie Nybo Andersen, Anne Vinkel Hansen, Katrine Strandberg-Larsen

Section of Social Medicine, Department of Public Health, University of Copenhagen, Copenhagen, Denmark

#### Abstract

**Background:** The use of selective serotonin reuptake inhibitors (SSRIs) during pregnancy has been associated with miscarriage, but the association may be biased by maternal mental illness, lifestyle and exposure misclassification. *Methods:* A register study on all pregnancies in Denmark between 1996 and 2009 was conducted using individual-ised data from the Danish National Patient Register, the Medical Birth Register, the Danish Psychiatric Central Register, the Danish National Prescription database and the Danish National Birth Cohort (DNBC).

**Results:** A total of 1 191 164 pregnancies were included in the study, of which 98 275 also participated in the DNBC. Pregnancies exposed to SSRIs during or before pregnancy were more likely than unexposed pregnancies to result in first trimester miscarriage, hazard rate (HR) = 1.08 [95% confidence interval (CI) 1.04, 1.13] and HR = 1.26 [95% CI 1.16, 1.37], respectively. No difference was observed for second trimester miscarriage. SSRI-exposed pregnancies without a maternal depression/anxiety diagnosis from a psychiatric department were less likely to result in first trimester miscarriage than unexposed pregnancies with a diagnosis, HR = 0.85 [95% CI 0.76, 0.95]. SSRI-exposed pregnancies were characterised by an unhealthier maternal lifestyle and mental health profile than unexposed pregnancies, whereas no convincing differences were observed between pregnancies exposed to SSRIs during versus before pregnancy. Substantial disagreement was found between prescriptions and self-reported use of SSRIs, but it did not affect the estimated hazard ratios.

**Conclusion:** Confounding by indication and lifestyle in pregnancy may explain the association between SSRI use and miscarriage.

## Every result should be critical evaluated with respect to bias

- Bias can not be (easily) adjusted for in the analyses
- Direction and magnitude of bias should be considered
- Quanitative bias analyses are warranted
- Every study has it's own bias risks

### WORK

Which sources of bias may affect your study and how can you address these potential biases?

Work 10 minutes with each project

## Quick Overview

Probability of:	Ecological	Cross- sectional	Case- control	Cohort	Randomize trial
Selection bias					
Selection of subjects	s N/A	medium	high	low	low
Loss to follow-up	N/A	N/A	low	high	medium
Recall bias	N/A	high	_ high	low	low
Confounding	high	medium	medium	low	very low



Learning objectives: What is confounding? Methods to prevent confounding Methods to evaluate confounding

## What is confounding ?

- A situation in which effects of two risk factors for the disease under study are mixed, or
- An association between an exposure and an outcome is mixed up with the real effect of another exposure on the same outcome

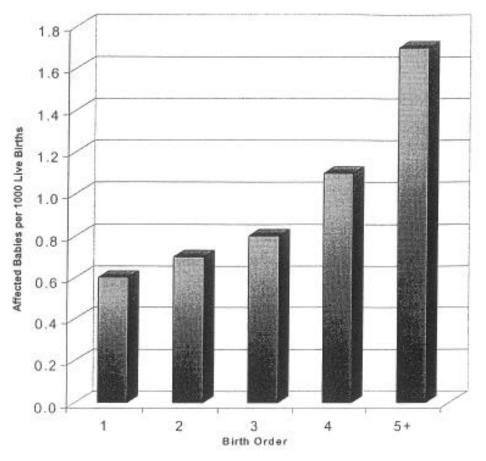
Dictionary of epidemiology

### • UNIVERSITY OF COPENHAGEN Evidence hierachy

Intervention Cohort Case-control Correlation studies X-sectional studies Case series The higher in the pyramid, the better opportunity to assess CAUSAL RELATIONS, not just assocations

Less risk of CONFOUNDING

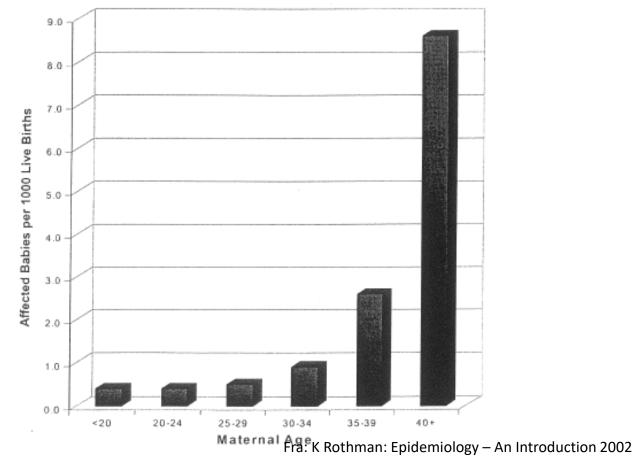
# Prevalence of Down Syndrom according to birth order



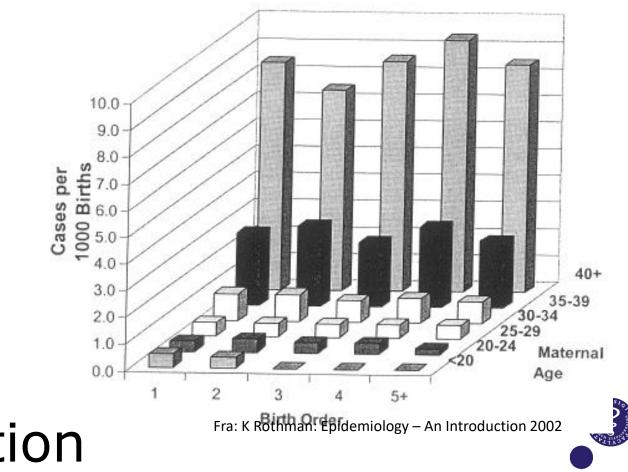


Fra: K Rothman: Epidemiology – An Introduction 2002

## Prevalence of Down Syndrom according to maternal age



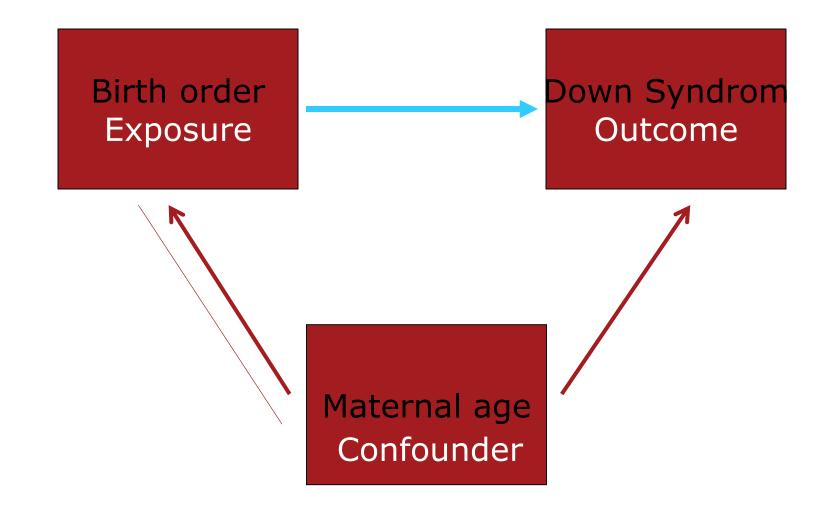
# Prevalence af Down Syndrom according to birth order and maternal age



## Stratification



## In the epidemiologic universe



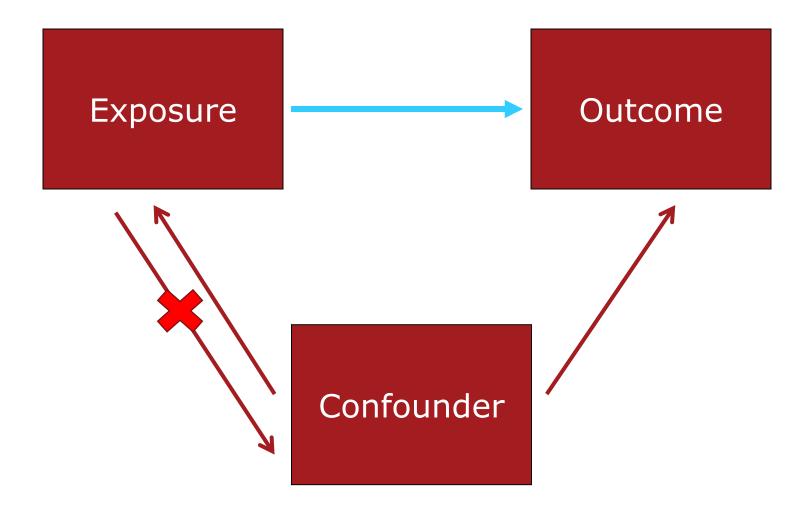


### Characteristics of a confounder

- 1. An independent risk factor for outcome (i.e. among non-exposed)
- 2. Statistical associated with exposure
- 3. Not an intermediate between exposure and outcome



# In the epidemiologic universe



# Confounding example: Paternal age and spontaneous abortion Hypothesis:

Old fathers are a risk factor for abortion

#### Data:

Cohort of 100.000 children and information about parental age What is the obvious

confounding factor?

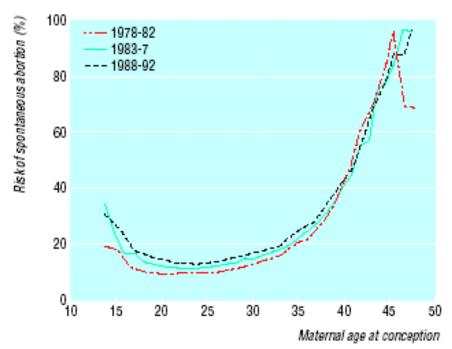


Fig 2 Risk of spontaneous abortion according to maternal age at conception, stratified according to calendar period



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Advanced Paternal Age and Risk of Fetal Death: A Cohort Study

Anne-Marie Nybo Andersen<sup>1</sup>, Kasper Daniel Hansen<sup>2</sup>, Per Kragh Andersen<sup>2</sup>, and George Davey Smith<sup>3</sup>

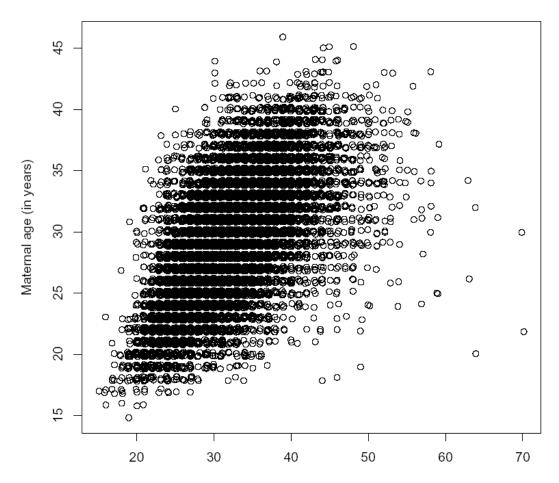
TABLE 4. Crude and adjusted hazard ratios of fetal death according to paternal age at conception among 23,821 pregnancies, Danish National Birth Cohort, 1997–1999\*

	_		
Paternal age	No. of events	Crude	
	-	Hazard ratio	95% confidence interval
≤24 years	60	1.01	0.76, 1.32
25–29 years	294	1	Referent
30–34 years	367	1.02	0.87, 1.20
35–39 years	213	1.38	1.15, 1.64
40-44 years	62	1.35	1.03, 1.77
45–49 years	18	1.54	0.96, 2.48
≥50 years	11	2.65	1.45, 4.84

\* Three different types of adjustment for maternal age.

† Adjusted for maternal age, parity, number of previous abortions, alcohol and coffee consumption during pregnancy, maternal and paternal smoking, and maternal and paternal occupational status.

# Correlation between maternal and paternal age



Paternal age (in years)



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Advanced Paternal Age and Risk of Fetal Death: A Cohort Study

Anne-Marie Nybo Andersen<sup>1</sup>, Kasper Daniel Hansen<sup>2</sup>, Per Kragh Andersen<sup>2</sup>, and George Davey Smith<sup>3</sup>

TABLE 4. Crude and adjusted hazard ratios of fetal death according to paternal age at conception among 23,821 pregnancies, Danish National Birth Cohort, 1997–1999\*

		Risk of fetal death								
	No. of events			Adjusted†						
Paternal age		Crude		Maternal age in 5-year groups		Maternal age in 1-year groups		Maternal age modeled using restricted cubic splines		
		Hazard ratio	95% confidence interval	Hazard ratio	95% confidence interval	Hazard ratio	95% confidence interval	Hazard ratio	95% confidence interval	
≤24 years	60	1.01	0.76, 1.32	1.09	0.81, 1.47	1.11	0.82, 1.51	1.09	0.80, 1.49	
25–29 years	294	1	Referent	1	Referent	1	Referent	1	Referent	
30–34 years	367	1.02	0.87, 1.20	0.87	0.74, 1.04	0.90	0.76, 1.07	0.89	0.75, 1.05	
35–39 years	213	1.38	1.15, 1.64	0.98	0.80, 1.21	0.99	0.80, 1.23	0.97	0.79, 1.21	
40-44 years	62	1.35	1.03, 1.77	0.82	0.60, 1.12	0.79	0.58, 1.09	0.79	0.57, 1.08	
45–49 years	18	1.54	0.96, 2.48	1.03	0.63, 1.70	1.02	0.61, 1.68	1.00	0.60, 1.65	
≥50 years	11	2.65	1.45, 4.84	1.69	0.91, 3.15	1.71	0.91, 3.21	1.62	0.86, 3.03	

\* Three different types of adjustment for maternal age.

† Adjusted for maternal age, parity, number of previous abortions, alcohol and coffee consumption during pregnancy, maternal and paternal smoking, and maternal and paternal occupational status.

#### New analyses

#### 2014 study (in progress, confidential results) Material and methods:

All registered pregnancy outcomes in Denmark, 1994-2010 (N=1,589,208), with full and valid information (N=1,153,049). Exclusions: Registered partner a woman (1046); <u>No father assigned (371,065)</u>; Other exclusions: no or impossible maternal age (67), ectopic pregnancies (16,270), impossible GA (3078), no information on parental education (42,700). GA at event <5 weeks (1939).

Numbers Total	Live birth 906,801	Stillbirth 4,748	2 <sup>nd</sup> trim. misc. 22,487	1 <sup>st</sup> trim. mise 105,22		Induced abortion 112,908	*All pregnancies 1,154,988		
Events	Stillbirth	late misc.	early misc.	All preg	nancies	Assignment of father	: Minimal differential misclassification		
Paternal age				N	%	-	ing together with the mother or		
<20 years	21	47	258	3,608	0.3	married to mother at			
20-24 years	313	1,231	5,320	74,246	6.4	married to mother at time of conception.			
25-29 years	1,274	5,533	24,033	316,717	27.4				
30-34 years	1,593	7,993	35,491	414,011	35.8				
35-39 years	1,012	4,938	24,328	231,361	20.0	Parental age at conce	eption: Age at date of birth minus GA		
40-44 years	404	1,976	10,781	82,637	7.2	event. If missing: sing	le value imputation: 280 d. for live		
45-49 years	91	561	3,582	23,465	2.0	births, 252 d for stillb	irths, 62 d. for miscarriage, 56 d for 1 <sup>s</sup>		
50+ years	40	208	1,436	8,943	0.8	trim. terminations, 10	)8 d. for 2 <sup>nd</sup> trimester terminations.		
Total	4,748	22,487	105,229	1,154,988	100				

Work in progress: respect confidentiality, please

### **Residual confounding**

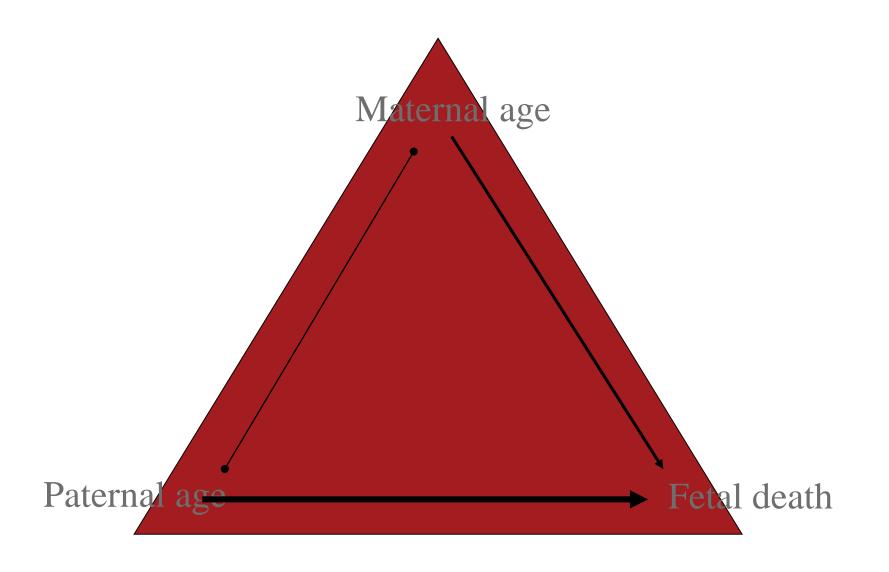
#### Maternal age adjustments

Relative risk of miscarriage according to paternal age at conception. (Hazard Ratios, HR [95% Cl in brackets]. Pregnancies in Denmark, 1994-2010

Paternal age	5-year groups	1-year groups	Continuous			
<20 years	1.06 [0.94,1.18]	1.06 0.94,1.19]	1.67 [1.49,1.87]			
20-24 years	1.03 [1.00,1.05]	1.02 [0.99,1.05]	1.28 [1.25,1.32]			
25-29 years	1 [ref]	1 [ref]	1 [ref]			
30-34 years	1.01 [1.00,1.03]	1.01 [0.99,1.03]	0.91 [0.89,0.92]			
35-39 years	1.15 [1.13,1.17]	1.01 [0.99,1.03]	0.93 [0.91,0.95]			
40-44 years	1.28 [1.25,1.31]	1.01 [0.98,1.03]	1.04 [1.02,1.07]			
45-49 years	1.35 [1.30,1.39]	1.00 [0.96,1.04]	1.16 [1.12,1.20]			
50+ years	1.39 [1.32,1.47]	1.02 [0.97,1.08]	1.21 [1.15,1.27]			
Models only adjusted for maternal age						

Work in progress: respect confidentiality, please

## Confounding



# What does confounding?

Over-estimation of causal associations Under-estimering of causal associations May flop the causal association around

But even a confounded estimate may inform about risk markers or risk groups

The special role of SES and e.g. ethnicity

### Identification af confounding

Is a theoretical piece of work, not a empirical, i.e. potential confounders are selected a priori

Overadjustment is just as bad as confounding (underadjustment)

Causal diagrams are helpful! To be drawn.....

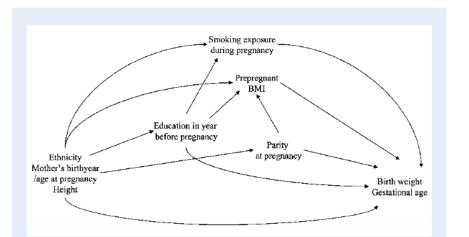


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#### Statistical analysis

The Directed Acyclic Graph (DAG) presented in Fig. I was constructed by having three epidemiologists construct the DAG independently. The epidemiologists were instructed to draw a DAG of maternal smoking, maternal prepregnant BMI and birthweight without consideration of the data available. The resulting DAGs were then reviewed and synthesized by the first and last author. The resulting DAG is a quantification of the authors' subjective beliefs and should not be considered as a 'true' model of the causal relationships, but rather as one model among other possible models. The DAG predicts that, conditional on confounders and education, BMI and smoking should be independent of each other (i.e. BMI and smoking should be d-separated by education and the confounders). To test this, we calculated Cochrane Mantel–Haenzel tests of conditional independence.

For the analyses of mediation, we decomposed the total effect (TE) into a direct effect and an indirect effect. Commonly, the strategy of decomposition is only used when there is no (unit-level) interaction between exposure and outcome (Robins and Greenland, 1992; Kaufman *et al.*, 2004). Statistical interaction is a phenomenon that is dependent on the



**Figure I** Causal Direct Acyclic Graph of the association between confounders, maternal education, smoking, BMI and birthweight at term.

### Directed Acyclic Graphs

Greenland et al, Epidemiology 1999;10:37 ff



### How does your causal diagram look like? Exposure

Outcome

Intermediates

Confounders

Which variables are available?

How are the arrows (according to you)

# Control of confounding

#### DESIGN

Randomization

#### Restriction

Balance, exchangeability

Matchning

Matching variable cannot be assessed

Twin- and sibling designs

Natural experiments

Replication in populations with different confounder structure

Compare plausible and implausible associations

#### ANALYSES

#### Standardisation

Indirect

(one population is the standard)

Direct

(external standard population)

Stratified analyses Few covariates

Multiple regression Many covariates



#### Paracetamol during pregnancy: Paracetamol Confounding by indication

- No adverse pregnancy outcomes, but preeclampsia Int J Epidemiol. 2009 Jun;38(3):706. J Matern Fetal Neonatal Med. 2010 May;23(5):371. Am J Obstet Gynecol. 2008;198(2):178
- Cryptorchidism Epidemiology. 2010 Nov;21(6):779-85
- ADHD like behaviour

JAMA Pediatr. 2014 Apr;168(4):313-20

• Asthma Rebordosa C et al. Int J Epidemiol. 2008 Jun;37(3):583-90

**Table 4** Relative risks (RR) for physician-diagnosedasthma/bronchitis and wheezing at 18 months accordingto pre-natal exposure to paracetamol and/or aspirin

	18-months-old population ( $N = 66445$ )							
			Doctor- diagnosed asthma	Wheezing ever up to 18-months-old				
APAP <sup>a</sup>	AAS <sup>a</sup>	n (%)	RR <sup>b</sup> (95% CI)	RR <sup>b</sup> (95% CI)				
lst tri	mester							
No	No	43 840 (66.0)	1 (ref)	1 (ref)				
Yes	No	18960 (28.5)	1.15 (1.10-1.19)	1.11 (1.08–1.14)				
No	Yes	2617 (3.9)	0.94 (0.84-1.04)	1.04 (0.96-1.12)				
Yes	Yes	1028 (1.6)	1.08 (0.94-1.25)	1.15 (1.04-1.28)				
2nd tr	imeste	r						
No	No	50326 (75.7)	1 (ref)	1 (ref)				
Yes	No	14727 (22.2)	1.13 (1.08-1.18)	1.09 (1.05-1.12)				
No	Yes	1085 (1.6)	0.99 (0.85-1.16)	1.02 (0.91-1.14)				
Yes	Yes	307 (0.5)	1.24 (0.97–1.58)	1.17 (0.97-1.41)				
3rd tri	mester							
No	No	46154 (69.5)	1 (ref)	1 (ref)				
Yes	No	19109 (28.8)	1.17 (1.13-1.22)	1.10 (1.06-1.13)				
No	Yes	783 (1.2)	0.92 (0.77-1.10)	1.05 (0.92-1.19)				
Yes	Yes	399 (0.6)	1.10 (0.89–1.36)	1.21 (1.04-1.40)				
Ever								
No	No	27878 (42.0)	1 (ref)	1 (ref)				
Yes	No	33556 (50.5)	1.19 (1.14–1.24)	1.15 (1.11–1.18)				
No	Yes	2251 (3.4)	1.00 (0.89-1.12)	1.10 (1.02-1.20)				
Yes	Yes	2760 (4.2)	1.06 (0.96-1.17)	1.11 (1.03-1.19)				

<sup>a</sup>APAP stands for paracetamol and AAS for acetylsalicylic acid (aspirin).

<sup>b</sup>Adjusted by parental asthma, gender of the child, social class, gestational age, breastfeeding, tobacco exposure during pregnancy and antibiotic use during pregnancy.

# Are the observed association due to chance, error (bias), non-causal due to confonding or causal?

• Chance?

Power of the study?

P-values/ confidence intervals

- Biased
- Causal?

Bradford Hill criteria, critical challenges



### Bradford Hill criteria for causality

- Temporal relationship
- Biological plausibility (however, ....)
- Consistency (however, ···.)
- Strength (however, ···.)
- Exposure-response relationship (however, ···.)
- Specificity (however, ···.)
- (Reversibility)
- Coherence (however, ···.)



### Validity and generalizability

Validity: Credibility of results according to the aim of the study (= internal validity)

Generalizability: Credibility of results in other populations (=external validity)



### General comments

Rare that one study alone provide enough "proof" that a certain exposure affects the risk of disease

- Re-analysis in other settings
- Meta-analysis

Remember that we live in a confounded world



# Quick Overview

Probability of:	Ecological	Cross- sectional	Case- control	Cohort	Randomized trial
Selection bias					
Selection of subjects	s N/A	medium	high	low	low
Loss to follow-up	N/A	N/A	low	high	medium
Recall bias	N/A	high	, high	low	low
Confounding	high	medium	medium	low	very low